

## DEFENDING HUMAN RIGHTS

### Participants are able

- to gain an insight into the concept of human rights and an overview of selected international and regional human rights instruments;
- to formulate their own perspective on the universality of human rights;
- to identify potential strategies for defending human rights in their own context.

Human rights matter for peace work in at least three different ways. The denial of human rights can be a cause for conflict. Violent conflict often goes along with gross human rights violations. And human rights can serve as a vision for a just and peaceful society in a post-conflict setting.

In this training we uncover the origin(s) of human rights, give an overview of the most important international and regional human rights standards and apply these to selected case studies of human rights violations. Furthermore we will discuss the universality of human rights from different perspectives.

We will share examples how human rights are effectively claimed and defended - and how human rights defenders can be protected. The training is relevant for all who want to gain a better understanding of the concept of human rights and who want to defend human rights or protect human rights defenders.

**Trainers:** Daniel Ó Cluanaigh, N. N.

**Dates:** 10-13 + 27 May 2021  
(Format 1)

*DANIEL Ó CLUANAIGH is a consultant and trainer focused on human rights, security, and conflict management. He collaborates with the Digital Defenders Partnership at Hivos and is a member of the Project Committee of Peace Brigades International Mexico.*

## APPLYING DO NO HARM

### Participants are able

- to apply the Do No Harm tool to a real project
- to assess the strengths and weaknesses of the Do No Harm approach in comparison with other tools they know
- to integrate Do No Harm into existing project management procedures

We want to do good, but might do harm instead. How can we avoid doing harm? The Do No Harm approach was developed by many practitioners engaged in development work and humanitarian assistance to give an answer to this question. Nowadays it is used by many organisations, also particularly in peace and human rights work.

In this training the Do No Harm tool will first be presented by the trainers using a case study. Then participants will be supported in applying the tool to their own projects. In a confidential setting (based on Chatham House rules) the critical details of the project design will be identified and options for a conflict sensitive and effective re-design will be developed. The training is relevant for all who coordinate projects and intend to apply the Do No Harm tool to their own - which might be projects with a focus on peacebuilding, development or humanitarian assistance.

**Trainers:** Wolfgang Heinrich, Jochen Neumann

**Dates:** 14 + 21 + 28 May + 04 + 11 + 18 + 25 June 2021  
(Format 2)

*WOLFGANG HEINRICH worked in 1996 for the „Local Capacities for Peace Project“, through which the Do No Harm-Approach was developed. Since then he was active in the implementation, testing and shaping as well as the dissemination of it. He is a Do No Harm-Trainer and recently retired from Bread for the World – Protestant Church Service. He supports local organisations in South Asia and the Horn of Africa in mainstreaming the Do No Harm-Approach..*

*JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented „do no harm“ at a human rights organisation.*

## FORMATS OF ONLINE TRAININGS

Our online trainings come in two different formats:

### Format 1

Here, the first part consists of four days in one week: Half-day online meetings of the group with the trainers in a video conference, after each meeting participants work independently on material in our online learning platform. At the end of this first part participants focus on a practical application exercise. The second part is one more training day after some two weeks: Half-day with a video conference for reflecting on experience with practical application in the meantime and additional support.

### Format 2

Here, the training consists of one day a week over a period of 6-8 weeks: Half-day online meetings of the group with the trainers in a video conference on a fixed day of the week. Until the next meeting participants work independently on material in our online learning platform, including practical application exercises.

## WORKLOAD AND TIMES

In both formats, the video conferences usually take place between 09:00-13:00 hours (CET), with short breaks. The independent studies in our online learning platform can be scheduled by participants in their own time. However, in format 1 the respective material should be finished before the video conference on the following day.

The overall workload includes the time for the video conferences (4 hours each) and for the independent study in our learning platform plus the practical application exercises (2-3 hours in between each video conference). Participants are expected to commit fully to this.

## TECHNICAL REQUIREMENTS

Participants should have a computer and mainly for the video conferences an internet connection with (at least) 0.5 Mbits/sec upstream bandwidth and (at least) 1 Mbits/sec download bandwidth. Please check your bandwidth in advance.

## COSTS AND APPLICATION

### Participation fee

The course fee is  
450,- Euro for organisations  
350,- Euro for single persons  
300,- Euro reduced fee for individuals (upon request)

The course fee covers the participation in the video conferences and access to the learning platform for the duration of the course.

If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

### Application

Applications should reach us as early as possible. Please note the deadline for applications is four weeks before the training starts, the latest.

Please use the application form on our website:

<https://kurvewustrow.civiservice.de/online Trainings>

or contact our training unit: [ot@kurvewustrow.org](mailto:ot@kurvewustrow.org)

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### KURVE Wustrow

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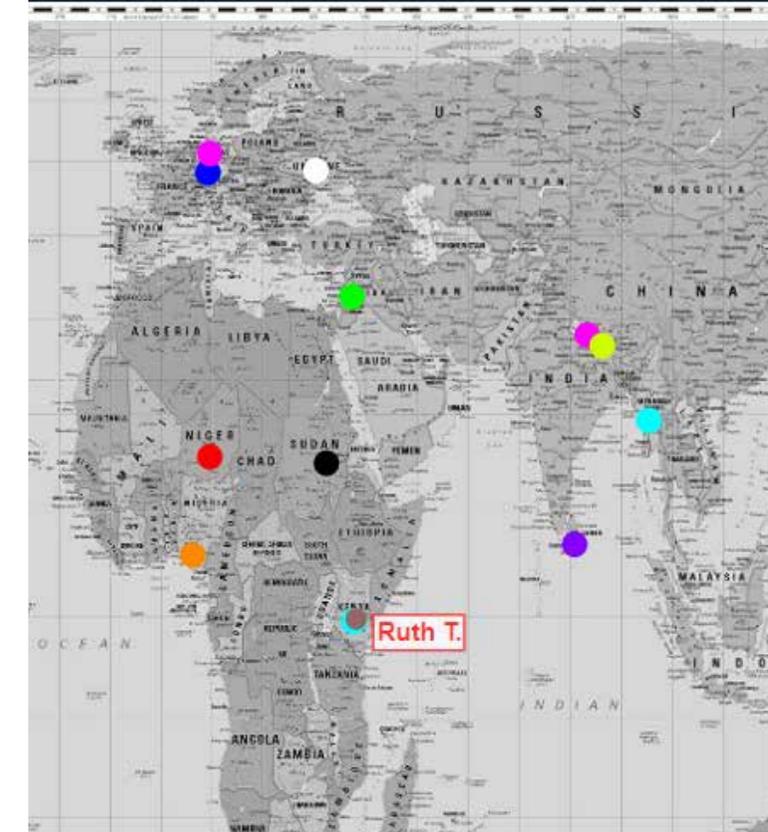
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Online Training

KURVE  
Wustrow

Centre for Training and Networking  
in Nonviolent Action



## ONLINE TRAININGS

January-June 2021

7 trainings – 7 different topics  
individually bookable

Slide 1



## ANTI-BIAS AND SOCIAL INCLUSION

### Participants are able

- to reflect upon and express their own role in processes of exclusion and inclusion at personal, interpersonal and structural levels in a global context;
- to critically reflect on the role of prejudices, power inequalities and ideologies in peace work and to begin to develop strategies to counter their negative effects;
- to explain and build upon the anti-bias and social inclusion approach in their own work context.

Peace Work aims at establishing and nurturing inclusive societies that provide equal access to social, political and economic resources to all – irrespective of their ethnic origin, age, gender, physical or mental condition, religious background, sexual orientation, etc. The training introduces the concepts of Anti-Bias and Social Inclusion. It aims at strengthening respect for diversity and creating awareness for discrimination and social exclusion.

Participants will reflect how they themselves are involved and/or affected by the social/global power relations. They will learn how to initiate processes of prejudice awareness that motivate and equip individuals, groups and institutions to critically confront their discriminatory attitudes and actions, and thus develop sustainable empowering structures.

**Trainers:** Cvetka Bovha, Prasad Reddy

**Dates:** 25–28 January + 15 February 2021  
(Format 1)

***CVETKA BOVHA** is a trainer in the Anti-Bias approach. She accompanies schools in the process of inclusion and facilitates programmes of international exchange and volunteer services.*

***PRASAD REDDY** is a certified social inclusion and diversity trainer in the non-profit sector with vast international experience. He is the coordinator of the research, training and consultancy network Global Skills for Change in Bonn.*

## PROJECT MANAGEMENT

### Participants are able

- to assess the strengths and weaknesses of selected project management approaches and tools
- to select the relevant and appropriate tools for their project context
- to apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to “Do no harm” and “Reflecting on Peace Practice”.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects.

The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

**Trainers:** Gesa Bent, Jochen Neumann

**Dates:** 16–19 March + 06 April 2021  
(Format 1)

***GESA BENT** is a trainer and moderator working to create learning spaces for civil society organisations, movements and networks. Her focus is on strategy design, project management and international advocacy, combined with extensive experience in the field of gender, peace and security.*

***JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented „do no harm“ at a human rights organisation.*

## CAMPAIGNING FOR NONVIOLENT CHANGE

### Participants are able to

- facilitate the planning process of a nonviolent campaign in their own contexts
- select creative forms of actions for successful and sustainable campaigns

Successful nonviolent movements are not just reacting on their opponents, but use operational planning and develop campaigns to put their activists on the offensive.

The training will focus on the planning process for a nonviolent campaign: How to pick the right campaign and formulate demands? How can we plan and then handle dynamics of political campaigning? Can we find consensus for “nonviolent discipline”, and how to make everyone do the right thing at the right time? How to develop creative actions and create strong images? How should we communicate with authorities and opponents, and lead negotiations? How do we ensure sustainable change after the campaign is over?

The training is for activists, organisers and leaders as well as peace-builders and trainers involved in nonviolent movements, who want to plan and coordinate successful nonviolent campaigns and/or facilitate others to do so.

**Trainers:** Thimna Bunte, Hilal Demir

**Dates:** 29–30 March + 05 + 12 + 19 + 26 April + 03 + 10 May 2021  
(Format 2)

***THIMNA BUNTE** is a former civil peace worker for KURVE Wustrow in Palestine. She accompanies, advises and trains actors and initiatives of nonviolent resistance and conflict transformation.*

***HILAL DEMIR** works as a trainer for nonviolence since 1999 within Turkey and internationally. In 2014 she founded the first centre on Nonviolence in Turkey, the “Nonviolent Education and Research Centre”. She organises nonviolent trainings for NGOs and activists, initiated the first nonviolent trainer network in Turkey, and prepared a handbook of nonviolent tools for facilitators in Turkish.*

## DIGITAL SECURITY

### Participants are able

- to identify and respond to emerging risks to the sensitive information they manage in their work
- to maintain and improve the basic security of their digital devices and accounts
- in accordance with their necessities, understand and implement advanced tools to protect their data storage and communication

This training will create awareness and support capacity-building which is relevant to the digital security of the participants.

Peace activists will be enabled to do the risk self-assessment related to their own information management. They will gain insights into personal and organisational strategies on digital security concerning computers, internet and mobile/smart phones.

Participants will learn about secure behaviours and tools to use for maintenance of devices, safer storage and recovery of sensitive information, and more secure communication.

**Trainers:** Marianne Koch, Peter Steudtner

**Dates:** 19–22 April + 07 May 2021  
(Format 1)

***MARIANNE KOCH** is a trainer, moderator and mediator. Due to her engagement in social movements she is highly experienced in moderation of political groups and civil disobedience.*

***PETER STEUDTNER** is a trainer in nonviolent conflict transformation and a photographer / filmmaker. His trainings focus on integrated security for activists.*

## NONVIOLENT CONFLICT TRANSFORMATION

### Participants are able

- to understand the approach of nonviolent conflict transformation
- to identify and understand the need for nonviolent action to confront injustices
- to gain an overview of the wide range of nonviolent means

Peace work is often associated with “classic” peacemaking approaches like negotiations and mediation. Such methods can lead to sustainable solutions and a de-escalation of conflict. However, in order for them to be successful, there has to be a certain degree of power balance between parties and awareness for the root causes of conflict. To create such pre-conditions, nonviolent direct action can be a tool to raise awareness, mobilise people and confront injustice.

The training addresses people who are or want to become peace or movement workers. Participants will study the basic concepts of nonviolent conflict transformation based on Diana Francis, including definitions of violence and peace by Johan Galtung as well as means of nonviolent action as described by Gene Sharp and others.

**Trainers:** Jochen Neumann, Laura Weber

**Dates:** 27–30 April + 19 May 2021  
(Format 1)

***JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He implemented “do no harm” at a human rights organisation.*

***LAURA WEBER** is a trainer in nonviolent conflict transformation and leadership skills for youths. She works as peacebuilding coordinator for Sri Lanka at KURVE Wustrow.*