

## STRATEGISING NONVIOLENT CHANGE FOR SOCIAL MOVEMENTS

### Participants are able

- to apply selected tools for the analysis of the dynamics of nonviolent social conflict in their own contexts
- to think more strategically, i.e. formulating goals, steps and demands of nonviolent social movements
- to reflect and more systematically manage risks and opportunities

From Gandhi to the “Arab Spring”, from the anti-nuclear movement to the struggle for ...

The training will offer a “guided tour” through cycles and dynamics of strategising processes in nonviolent movements. We will use a variety of practice-oriented analytical and strategic tools, with many application exercises on participants’ own case studies.

Coaching elements will be used to tailor the trainings to the needs and interests of the participants, so that they will leave with a practical toolkit for further action. Special emphasis will be given to not just develop grand plans, but to deal with chaos and risks, opportunities and repression, and how to build strategic alliances, in order to turn inevitable failures and shortcomings into long lasting success.

**Trainers:** Thimna Bunte, Hilal Demir

**Dates:** 24–26 November + 08–09 December 2021

*THIMNA BUNTE is a former civil peace worker for KURVE Wustrow in Palestine. She accompanies, advises and trains actors and initiatives of nonviolent resistance and conflict transformation.*

*HILAL DEMIR works as a trainer for nonviolence since 1999 within Turkey and internationally. In 2014 she founded the first centre on Nonviolence in Turkey, the “Nonviolent Education and Research Centre”. She organises nonviolent trainings for NGOs and activists, initiated the first nonviolent trainer network in Turkey, and prepared a handbook of nonviolent tools for facilitators in Turkish.*

## FORMAT OF ONLINE TRAININGS

The first part of the online training consists of four days in one week: Here the group meets with the trainers for half a day in a video conference. After each online meeting participants work independently on material in our online learning platform. At the end of this first part participants focus on a practical application exercise.

The second part of the online training is one more training day after some two weeks: Here the group meets again with the trainers in half-day video conference for reflecting on experiences from the practical application in the meantime and for additional support.

## WORKLOAD AND TIMES

The video conferences take place between 09:00-13:00 hours (CET), with short breaks. The independent studies in our online learning platform can be scheduled by participants in their own time. However, the respective material should be finished before the video conference on the following day.

The overall workload includes the time for the video conferences (4 hours each) and for the independent study in our learning platform plus the practical application exercises (2-3 hours in between each video conference). Participants are expected to commit fully to this.

## POST-TRAINING SUPPORT

We consider post-training support as an essential part of the learning process in order to fully understand the contents of the training, to develop new skills and to adapt the methods presented in a training to the local context and specific needs of the participant.

Thus, for all our online trainings we offer some follow-up support to participants by one or all trainers. Usually the support is from a distance and accordingly will be based on means of communication like email, messenger, video conference or the like. However, making use of the post-training support offered is optional for participants.

## TECHNICAL REQUIREMENTS

We use secure open source software on our own managed servers. Participants will not have to install any software. For the video conferences participants will simply receive a secure link to a conference room (Big Blue Button) which they can open with any kind of browser. Similarly, for our online learning platform (Ilias) participants will receive a link and password protected access.

Participants should have a computer and mainly for the video conferences an internet connection with (at least) 0.5 Mbits/sec upstream bandwidth and (at least) 1 Mbits/sec download bandwidth.

Please check your bandwidth in advance by using this free service: [speedtest.net](https://www.speedtest.net)

You will need this data about the speed of your internet connection when you fill in the application form.

## OBLIGATORY TECH-CHECK

For the success of our online trainings we double-check the technical requirements. Thus, if your application is pre-selected, you will be invited to a tech-check that will take place some 2-4 weeks before the training starts. In this brief online meeting we will introduce the tools that will be used in our online trainings, and will check if your internet connection and devices work well enough.

Please note that you should use the same devices and the same internet connection that you would use later in the online training. Only if you pass the tech-check, you will be able to participate in any of our online trainings.

## COSTS AND APPLICATION

### Participation fee

The course fee is

450,- Euro for organisations

350,- Euro for single persons

300,- Euro reduced fee for individuals (upon request)

The course fee covers the participation in the video conferences and access to the learning platform as well as optional post-training support for four months after the training ended.

If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

### Application

Applications should reach us as early as possible and the latest five weeks before the training starts. Please note the deadline for applications of this series of trainings is 29 August 2021.

Please use the application form on our website:

<https://kurvewustrow.civiservice.de/online Trainings>

or contact our training unit: [ot@kurvewustrow.org](mailto:ot@kurvewustrow.org)

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Online Training

**KURVE**  
Wustrow

Centre for Training and Networking  
in Nonviolent Action



## ONLINE TRAININGS

October–December 2021

6 trainings – 6 different topics  
individually bookable

Slide 1



## DEFENDING HUMAN RIGHTS

### Participants are able to

- to gain an insight into the concept of human rights and an overview of selected international and regional human rights instruments
- to formulate their own perspective on the universality of human rights
- to identify potential strategies for defending human rights in their own context

Human rights matter for peace work in at least three different ways. The denial of human rights can be a cause for conflict. Violent conflict often goes along with gross human rights violations. And human rights can serve as a vision for a just and peaceful society in a post-conflict setting.

In this training we uncover the origin(s) of human rights, give an overview of the most important international and regional human rights standards and apply these to selected case studies of human rights violations. Furthermore we will discuss the universality of human rights from different perspectives.

We will share examples how human rights are effectively claimed and defended - and how human rights defenders can be protected. The training is relevant for all who want to gain a better understanding of the concept of human rights and who want to defend human rights or protect human rights defenders.

**Trainers:** Milena Jochwed, Daniel Ó Cluanaigh

**Dates:** 05–08 October + 11 November 2021

***MILENA JOCHWED** is a trainer in human rights and political education as well as a mediator. She works for the project “Make Hummus Not Walls” and was active in the accompaniment of local human rights activists in the occupied Palestinian territories.*

***DANIEL Ó CLUANAIGH** is a consultant and trainer focused on human rights, security, and conflict management. He collaborates with the Digital Defenders Partnership at Hivos and is a member of the Project Committee of Peace Brigades International Mexico.*

## NONVIOLENT CONFLICT TRANSFORMATION

### Participants are able

- to understand the approach of nonviolent conflict transformation
- to identify and understand the need for nonviolent action to confront injustices
- to gain an overview of the wide range of nonviolent means

Peace work is often associated with “classic” peacemaking approaches like negotiations and mediation. Such methods can lead to sustainable solutions and a de-escalation of conflict. However, in order for them to be successful, there has to be a certain degree of power balance between parties and awareness for the root causes of conflict. To create such pre-conditions, nonviolent direct action can be a tool to raise awareness, mobilise people and confront injustice.

The training addresses people who are or want to become peace or movement workers. Participants will study the basic concepts of nonviolent conflict transformation based on Diana Francis, including definitions of violence and peace by Johan Galtung as well as means of nonviolent action as described by Gene Sharp and others.

**Trainers:** Jochen Neumann, Laura Weber

**Dates:** 12–15 October + 12 November 2021

***JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He implemented “do no harm” at a human rights organisation.*

***LAURA WEBER** is a trainer in nonviolent conflict transformation and leadership skills for youths. She works as peacebuilding coordinator for Sri Lanka at KURVE Wustrow.*

## ANTI-BIAS AND SOCIAL INCLUSION

### Participants are able

- to reflect upon and express their own role in processes of exclusion and inclusion at personal, interpersonal and structural levels in a global context;
- to critically reflect on the role of prejudices, power inequalities and ideologies in peace work and to begin to develop strategies to counter their negative effects;
- to explain and build upon the anti-bias and social inclusion approach in their own work context.

Peace Work aims at establishing and nurturing inclusive societies that provide equal access to social, political and economic resources to all – irrespective of their ethnic origin, age, gender, physical or mental condition, religious background, sexual orientation, etc. The training introduces the concepts of Anti-Bias and Social Inclusion. It aims at strengthening respect for diversity and creating awareness for discrimination and social exclusion.

Participants will reflect how they themselves are involved and/or affected by the social/global power relations. They will learn how to initiate processes of prejudice awareness that motivate and equip individuals, groups and institutions to critically confront their discriminatory attitudes and actions, and thus develop sustainable empowering structures.

**Trainers:** Cvetka Bovha, Prasad Reddy

**Dates:** 26–29 October + 08 November 2021

***CVETKA BOVHA** is a trainer in the Anti-Bias approach. She accompanies schools in the process of inclusion and facilitates programmes of international exchange and volunteer services.*

***PRASAD REDDY** is a certified social inclusion and diversity trainer in the non-profit sector with vast international experience. He is the coordinator of the research, training and consultancy network Global Skills for Change in Bonn.*

## INTRODUCTION TO SECURITY

### Participants are able

- to analyse the ways in which they as individuals and their group, movement or organisation responds to risk
- to carry out an in-depth context analysis with a view to improving security practices
- to create basic security plans and protocols for common or high-risk aspects of their work
- to choose secure practices and tools according to their own situation and capacity.

Activists and peace workers face many dangers in their work. This training combines physical, psychosocial and digital elements of security into an integrated approach to improve participants’ ability to think critically and act to improve the security of themselves, their communities, and families.

This training takes an approach which aims to redefine security in the context of peace work. Participants will understand and define ‘security’ for themselves in the context of their activism.

Participants will learn to assess their own security situation and identify areas for improvement, as well as entry points to security strategies and plans for relevant aspects of their work.

**Trainers:** Marianne Koch, Peter Steudtner

**Dates:** 02–05 + 10 November 2021

***MARIANNE KOCH** is a trainer, moderator and mediator. Due to her engagement in social movements she is highly experienced in moderation of political groups and civil disobedience.*

***PETER STEUDTNER** is a trainer in nonviolent conflict transformation and a photographer / filmmaker. His trainings focus on integrated security for activists.*

## PROJECT MANAGEMENT

### Participants are able

- to assess the strengths and weaknesses of selected project management approaches and tools
- to select the relevant and appropriate tools for their project context
- to apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to Do No Harm and Reflecting on Peace Practice.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects.

The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

**Trainers:** Gesa Bent, Jochen Neumann

**Dates:** 16–19 + 29 November 2021

***GESA BENT** is a trainer and moderator working to create learning spaces for civil society organisations, movements and networks. Her focus is on strategy design, project management and international advocacy, combined with extensive experience in the field of gender, peace and security.*

***JOCHEN NEUMANN** is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented Do No Harm at a human rights organisation.*