

In presence

## HOLISTIC SECURITY

### OBJECTIVES

Participants are able

- to carry out in-depth risk and context analysis to improve their personal and organisational security practices
- to create basic security plans and protocols for common or high-risk aspects of their work and activism
- to know and choose secure practices and tools according to their own situation and capacity

Activists and peace workers face many risks depending on their contexts. This training combines physical, psychosocial and digital elements of security and care with security planning and management into an integrated approach. It will stimulate participants to think critically and act to improve the security of themselves, their communities, and families with the objective of “well-being in action”.

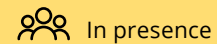
Based on the Holistic Security Approach, this training enables participants to reframe security into community-care and self-care within their contexts, collectives and organisations to face different forms of repression and violence.

### Trainers:

Marianne Koch  
Peter Steudtner

### Dates

07.–11.11.2022



In presence

## PROJECT MANAGEMENT

### OBJECTIVES

Participants are able

- to assess the strengths and weaknesses of selected project management approaches and tools
- to select the relevant and appropriate tools for their project context
- to apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to Do No Harm and Reflecting on Peace Practice.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects. The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

### Trainers:

Gesa Bent  
Kerstin Gollembiewski  
Jochen Neumann

### Dates:

14.–18.11.2022

## GENERAL INFORMATION

### PARTICIPATION FEE FOR TRAININGS IN PRESENCE

Fee for organisations: 1.800 Euro

Fee for individuals: 1.200 Euro

Reduced fee: 1.000 Euro

The course fee covers lodging from Monday to Friday (dormitory style; single room supplement available for 10,00 Euro per day), vegetarian full board and training material, as well as health insurance. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee or cover your travel expenses partially.

### APPLICATION

Please note the following deadlines for applications: For people in need of a visa: at least 14 weeks before the training starts, no later than 27 June 2022. For people without visa requirements: at least 6 weeks before the training series starts, no later than 22 August 2022. We cannot accept late or incomplete applications.

Please fill in the application form on our website:

<https://kurviewustrow.civiservice.de/practitionerinpresence>

or contact us: [ppt@kurviewustrow.org](mailto:ppt@kurviewustrow.org)

### VENUE AND TIMES

The trainings take place at the training centre of KURVE Wustrow in the Wendland region, in the North of Germany close to Hamburg and Hannover. Each of the trainings in presence starts on Monday at midday and ends on Friday at midday.

### ENTRY INTO GERMANY IN TIMES OF CORONA

Please check the current travel restrictions!

**Vaccinated:** If you are vaccinated, make sure your vaccine is recognised in the EU.

**Recovered:** If you are recovered, find out about the necessary certificate.

**Unvaccinated:** If you are unvaccinated, check the current quarantine regulations.

## PRACTITIONER TRAININGS

Our practitioner trainings are offered in two different forms:

- as trainings in presence in our seminar house or
- as online trainings in a series of video conferences and self-study on our learning platform.

If you are interested in our practitioner trainings online, please visit our website:

[www.kurviewustrow.org/en/practitioner-trainings-online](http://www.kurviewustrow.org/en/practitioner-trainings-online)

## POST-TRAINING SUPPORT

We consider post-training support as an essential part of the learning process in order to fully understand the contents of the training, to develop new skills and to adapt the methods presented in a training to the local context and specific needs of the participants.

Thus, for all our practitioner trainings we offer some follow-up support to participants by one or all trainers. Usually the support is from a distance and accordingly will be based on means of communication like email, messenger, video conference or the like. However, making use of the post-training support offered is optional for participants

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### KURVE Wustrow

Kirchstraße 14 | 29462 Wustrow/Wendland (Germany)  
Phone: +49 (0) 5 843 / 98 710 | Fax: +49 (0) 5 843 / 987 111  
[info@kurviewustrow.org](mailto:info@kurviewustrow.org) | [www.kurviewustrow.org](http://www.kurviewustrow.org)

### Account for donations:

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In presence

KURVE  
Wustrow

Centre for Training and Networking  
in Nonviolent Action

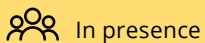


# PRACTITIONER TRAININGS

FOR NONVIOLENT CONFLICT TRANSFORMATION

IN PRESENCE

October—November 2022  
7 weeks—7 different topics  
individually bookable



In presence

## NONVIOLENT CONFLICT TRANSFORMATION

### OBJECTIVES

Participants are able

- to understand the approach of nonviolent conflict transformation
- to identify and understand the need for nonviolent action to confront injustices
- to gain an overview of the wide range of nonviolent means

Peace work is often associated with “classic” peacemaking approaches like negotiations and mediation. Such methods can lead to sustainable solutions and a de-escalation of conflict. However, in order for them to be successful, there has to be a certain degree of power balance between parties and awareness for the root causes of conflict. To create such pre-conditions, nonviolent direct action can be a tool to raise awareness, mobilise people and confront injustice.

The training addresses people who are or want to become peace or movement workers. Participants will study the basic concepts of nonviolent conflict transformation based on Diana Francis, including definitions of violence and peace by Johan Galtung as well as means of nonviolent action as described by Gene Sharp and others.

### Trainers:

Jochen Neumann  
Laura Weber

### Dates:

03.–07.10.2022

### Note for all trainings:

More details about our trainers can be found in our Seminar Programme 2022/23 on page 64-67: [www.kurvevustrow.org/en/publikation/seminar-programme-202223](http://www.kurvevustrow.org/en/publikation/seminar-programme-202223)



In presence

## STRESS AND TRAUMA SENSITIVITY IN PEACEBUILDING

### OBJECTIVES

Participants are able

- to understand the meaning of stress, trauma as well as stress and trauma sensitivity in the context of peacebuilding
- to understand the impact of different forms of violence and power dynamics on trauma (intersectional perspective)
- to reflect on how stress and trauma can affect themselves in their role as well as teams and organisations

The stress- and trauma-sensitive approach (STA) by medica mondiale is at the heart of this training. Participants learn about trauma sensitivity in a stress and trauma sensitive learning atmosphere. Self-care is woven into the training process as a crosscutting element. The STA approach also provides a practical orientation to put into practice stress and trauma sensitive peacebuilding with target groups, partners, staff (members), teams and organisations. This includes the impact of trauma dynamics on staff and teams. In our training, we provide guidance how organisations, projects and individual practitioners can integrate trauma sensitivity into their activities, programmes and organisational structures.

### Trainers:

Pia Frohwein  
N.N. von medica mondiale

### Dates:

10.-14.10.2022



In presence

## DEFENDING HUMAN RIGHTS

### OBJECTIVES

Participants are able

- to gain insights into the concept of human rights and an overview of selected international and regional human rights instruments
- to formulate their own perspective on the universality of human rights
- to identify potential strategies for defending human rights in their own context

Human rights matter for peace work in at least three different ways. The denial of human rights can be a cause for conflict. Violent conflict often goes along with gross human rights violations.

And human rights can serve as a vision for a just and peaceful society in a post-conflict setting. In this training we uncover the origin(s) of human rights, give an overview of the most important international and regional human rights standards and apply these to selected case studies of human rights violations. Furthermore we will discuss the universality of human rights from different perspectives. We will share examples how human rights are effectively claimed and defended and how human rights defenders can be protected. The training is relevant for all who want to gain a better understanding of the concept of human rights and who want to defend human rights or protect human rights defenders.

### Trainers:

Daniel Ó Cluanaigh  
Milena Jochwed

### Dates:

17.–21.10.2022



In presence

## ANTI-BIAS AND SOCIAL INCLUSION

### OBJECTIVES

Participants are able

- to reflect upon and express their own role in processes of exclusion and inclusion at personal, interpersonal and structural levels in a global context
- to critically reflect on the role of prejudices, power inequalities and ideologies in peace work and to begin to develop strategies to counter their negative effects
- to explain and build upon the anti-bias and social inclusion approach in their own work context

Peace Work aims at establishing and nurturing inclusive societies that provide equal access to social, political and economic resources to all—irrespective of their ethnic origin, age, gender, physical or mental condition, religious background, sexual orientation, etc. The training introduces the concepts of Anti-Bias and Social Inclusion. It aims at strengthening respect for diversity and creating awareness for discrimination and social exclusion.

Participants will reflect on how they themselves are involved and/or affected by the social/global power relations. They will learn how to initiate processes of prejudice awareness that motivate and equip individuals, groups and institutions to critically confront their discriminatory attitudes and actions, and thus develop sustainable empowering structures.

### Trainers:

Cvetka Bovha  
Prasad Reddy

### Dates:

24.–28.10.2022



In presence

## STRATEGISING NONVIOLENT CHANGE FOR SOCIAL MOVEMENTS

### OBJECTIVES

Participants are able

- to apply selected tools for the analysis of social conflicts in their own contexts
- to act more strategically, i.e. formulating goals, steps and demands of nonviolent social movements as well as managing risks and opportunities

From Gandhi to the “Arab Spring”, from the anti-nuclear movement to the struggle for ... The training will offer a “guided tour” through cycles and dynamics of strategising processes in nonviolent movements. We will use a variety of practice-oriented analytical and strategic tools, with many application exercises on participants’ own case studies. Coaching elements will be used to tailor the trainings to the needs and interests of the participants, so that they will leave with a practical toolkit for further action. Special emphasis will be given to not just develop grand plans, but to deal with chaos and risks, opportunities and repression, and how to build strategic alliances, in order to turn inevitable failures and shortcomings into long lasting success.

### Trainers:

Hilal Demir  
Andrea(s) Speck

### Dates:

31.10.–04.11.2022