

Online

## Applying Do No Harm

### Date

12.05. 14:00-15:00 Introductory Session  
22. + 26. + 29.05. +  
02. + 05. + 09. + 12.06.2023 Training Sessions

### Learning Objectives

- Participants are able
- to apply the Do No Harm tool to a real project
  - to assess the strengths and weaknesses of the Do No Harm approach in comparison with other tools they know
  - to integrate Do No Harm into existing project management procedures

### Contents

In this training the Do No Harm approach will be explained step by step by the trainers using a case study. Participants will be supported in applying the tool to their own projects, also stepwise. In a confidential setting (based on the Chatham House rules) the critical details of the project design will be identified and options for a conflict sensitive and effective re-design will be developed.

The training is relevant for all who coordinate projects and intend to apply the Do No Harm tool to their own context and work – which might be projects with a focus on peacebuilding, development or humanitarian assistance.

### Format of Online Training

The online training consists of video conferences and self-study on our learning platform. In the video conferences the group meets with the trainers for half a day. After each online meeting participants work independently on material provided on our online learning platform,



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including application exercises which they upload for exchange with trainers and other participants.

### Workload and Times

The overall workload includes the time for the video conferences (4 hours each training day) and for the essential parts of the independent study and/or application exercises in our learning platform (2–3 hours after each video conference). Participants are expected to commit fully to this work load.

#### PLEASE NOTE:

**Our online trainings are to be considered as full-time courses. You might have to take leave for the training days or at least reduce all other obligations on these days. If you do not fully participate, not only your own learning will suffer, but the whole group will be negatively affected. If you cannot fully commit to this work load of our online trainings, then please do NOT apply at all.**

#### TIMES OF VIDEO CONFERENCES

1 Introductory Session 14:00-15:00 hours (CET)  
7 Training Sessions 09:00-13:00 hours (CET)

### Technical Requirements

We use secure open source software on our own managed servers. Participants will not have to install any software. For the video conferences participants will simply receive a secure link to a video conference room (Big Blue Button) which you can open with any kind of browser. Similarly, for our online learning platform (Ilias) participants will receive a login link and password protected access.

Participants should use a computer (not a smartphone) and, for the video conferences, have an internet connection with (at least) 0.5 Mbits/sec upstream bandwidth and (at least) 1 Mbits/sec download bandwidth.



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Please check your bandwidth in advance by using this free service: [www.speedtest.net](http://www.speedtest.net)  
You will need to enter this data about the speed of your internet connection when you fill in the application form.

#### PLEASE NOTE:

**Participating in the one-hour introduction and passing the tech-check is obligatory. If you do not show up for the introduction or do not meet the technical requirements your participation in the online training will be cancelled and you will be charged with the full training fee.**

### Participation Fee

600 Euro for organisations  
400 Euro for single persons  
350 Euro reduced fee for individuals (upon request)

The course fee covers the participation in the video conferences and access to the learning platform as well as optional post-training support for four months after the end of the training. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

### Application

Applications should reach us as soon as possible and the latest by 16 April 2023.

We cannot accept late or incomplete applications.

Please use the application form on our website:

<https://kurvewustrow.civiservice.de/practitioneronline>

or contact us: [opt@kurvewustrow.org](mailto:opt@kurvewustrow.org)

## KURVE Wustrow

The Centre for Training and Networking in Nonviolent Action – KURVE Wustrow was founded in 1980 with the aim of turning concerns about violent conflict, environmental degradation and social injustice into conscious nonviolent action. This concern finds expression in the mission statement “spreading nonviolence”.

KURVE Wustrow conducts trainings, workshops and events in the field of civil, nonviolent conflict transformation at home and abroad. We send International Peace Workers as part of the “Civil Peace Service” to selected crisis regions. For this purpose, we are closely cooperating with partner organisations in the Ukraine, Bosnia and Herzegovina, Serbia, Kosovo, Northern Macedonia, Palestine, Israel, Nepal, Myanmar, Sri Lanka and Sudan.

With our training work in Germany we primarily empower activists in social movements and work together with them against nuclear power, racism and right-wing extremism.

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#### KURVE Wustrow

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#### Account for donations:

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Centre for Training and Networking  
in Nonviolent Action



## DO NO HARM-TRAININGS

### Applying Do No Harm



Online

**12.05. and 22. + 26. + 29. May and  
02. + 05. + 09. + 12. June 2023**



In presence

**Do No Harm-Training of Trainers  
in Wustrow and Berlin  
09.-19. July 2023**

## What is “Do No Harm”?

We want to do good, but might do harm instead!

Good intentions are not enough. How can we avoid doing harm?

The Do No Harm approach was developed under the guidance of the Collaborative for Development Action ([www.cdacollaborative.org](http://www.cdacollaborative.org)) by many practitioners engaged in development work and humanitarian assistance to give an answer to this question. Nowadays it is used by many organisations worldwide, also particularly in peace and human rights work.

## Our Do No Harm-Trainings

We offer two distinct trainings on the Do No Harm approach:

### ► **Online Practitioner Training Applying Do No Harm**

The Practitioner Training addresses everybody who wants to use the Do No Harm tool in managing projects. Prior knowledge of Do no harm is not a requirement for participation as the trainers will introduce it step by step. However, participants should have some experience in managing projects and an own project example to apply the Do No Harm approach to.

### ► **Do No Harm-Training of Trainers in Presence**

The Do no harm-Training of Trainers addresses everybody who wants to train others how the Do No Harm approach works. Prior experience in conducting trainings in a participatory manner is necessary.

Prior knowledge of the Do no harm-Approach is welcome, but not a requirement as the training will start with a profound introduction to Do No Harm.

## Trainers

WOLFGANG HEINRICH has a background of 30 years of development work with non-governmental organisations. From 1996 to 2001 he was a member of Mary B. Anderson’s international team for the “Local Capacities for Peace Project“, which facilitated the development of the Do No Harm-Approach. He is a Do No Harm-Trainer and engaged in implementing, testing and developing as well as disseminating it. Since 2016 he is a freelance consultant and accompanies local non-governmental organisations in South Asia and the Horn of Africa.


JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and the Do No Harm-Approach. He worked on mediation and reconciliation in South Africa. From 2001 to 2004 he coordinated the implementation of Do No Harm at Peace Brigades International, a human rights organisation which offers protective accompaniment to local human rights defenders. He has been the director of KURVE Wustrow since 2004.

In December 2018 both trainers have published the revised “Do No Harm-Training of Trainers Manual“:  
<https://www.kurvewustrow.org/sites/default/files/media/file/2021/kurve-wustrow-do-no-harm-trainers-manual.pdf>

## Post-Training Support

We consider post-training support as an essential part of the learning process in order to fully understand the contents of the training, to develop new skills and to adapt the methods presented in a training to the local context and specific needs of the participants.

Thus, for all our practitioner trainings we offer some follow-up support to participants by one or all trainers. Usually the support is from a distance and accordingly will be based on means of communication like email, messenger, video conference or the like. However, making use of the post-training support offered is optional for participants.

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## Do No Harm-Training of Trainers

### Date

09.–19.07.2023

### Learning Objectives

Participants are able

- to present the Do No Harm approach in the format of a one-day introductory workshop
- to use participatory training methodologies like case studies and role-plays
- to assess their own strengths and weaknesses as a trainer
- to improve their skills of working in a team of trainers


### Contents

The Do No Harm-Training of Trainers consists of two parts – the training itself and a practical application.

After a session on the first evening, the training will start with a full-day Do no harm-Introductory Workshop which will serve as model. On the following days this model training design will be reflected and practiced by the participants in small groups. The „Do No Harm-Training of Trainers Manual“ will be issued but participants will be invited to develop their own adaptations and new ways of teaching Do no harm.

Additionally participants will gain an overview of selected learning theories, principles of adult education as well as selected training concepts like Action Learning.

The practical application is essential for the learning process and will be accompanied by the trainers. Participants will prepare and conduct as a team their own one-day Do no harm-Introductory Workshop with a real external audience in Berlin.

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The ToT concludes with an evaluation of the practical application and subsequent inputs by the trainers to further improve the training skills of the participants. Upon completion a certificate as Do no harm-Trainer will be issued.

### Format and Venue

The first part of the training takes place at the training centre of KURVE Wustrow in Wustrow (Wendland).

It starts on Sunday, 09 July 2023 at 19:30 hours with dinner and an evening session. The first part ends on Friday, 14 July 2023 at 16:30 hours.

The second part of the training will be held at the headquarters of Bread for the World / Protestant Development Service in Berlin.

It starts on Monday, 17 July 2023 at 09:00 hours and will last till Wednesday, 19 July 2023 at 17:00 hours.


### Participation Fee

2.800 Euro for organisations  
2.000 Euro for single persons  
1.500 Euro reduced fee for individuals (upon request)

The course fee covers the training material (“Do No Harm-Training of Trainers Manual”), certificate and optional post-training support for four months after the end of the training as well as lodging dormitory style) and vegetarian full board during the first part in Wustrow.

**Note:** Food and lodging for the weekend in between the two parts and for the application part in Berlin are not covered.

If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

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## Application

Applications should reach us as soon as possible, for participants in need of a visa the latest by 10 April 2023, for those without visa requirement the latest by 04 June 2023.

We cannot accept late or incomplete applications.

Please use the application form on our website:

<https://kurviewustrow.civiservice.de/do-no-harm-tot>

or contact us: [donoharm@kurviewustrow.org](mailto:donoharm@kurviewustrow.org)