## PRACTITIONER TRAININGS

Our practitioner trainings are offered in two different forms:

- as trainings in presence in our seminar house or
- as online trainings in a series of video conferences and self-study on our learning platform.

If you are interested in our practitioner trainings in presence, please visit our website:

https://www.kurvewustrow.org/en/practitionertrainings-presence

## **GENERAL INFORMATION**

## **FORMAT OF ONLINE TRAININGS**

Each online training starts with a one-hour introduction (14:00-15:00 hours (CET)). In this video conference we will explain the tools used in our online trainings. And, for the success of our online trainings we find it necessary to double-check if all participants fulfill the technical requirements (see below).

The following training sessions consist of video conferences (09:00–13:00 hours (CET)), with short breaks. Here the trainers will briefly present some contents and facilitate exercises in small group settings. Additionally, after each online meeting participants are expected to work independently on material provided on our online learning platform. It is essential to study at least some selected material and exercises before the next video conference while some additional material can be studied any time later.

### WORKLOAD

The overall workload includes the time for the video conferences (4 hours each training day) and for the essential parts of the independent study and/or application exercises in our learning platform (2–3 hours after each video conference).

Participants are expected to commit fully to this work load.



## **PLEASE NOTE:**

Our online trainings are to be considered as fulltime courses. You might have to take leave for the training days or at least reduce all other obligations on these days. If you do not fully participate, not only your own learning will suffer, but the whole group will be negatively affected.

If you cannot fully commit to this work load of our online trainings, then please do NOT apply at all.

## TIMES OF VIDEO CONFERENCES

1 Introductory Session 14:00-15:00 hours (CET) 5-7 Training Sessions 09:00-13:00 hours (CET)

## **TECHNICAL REQUIREMENTS**

We use secure open source software on our own managed servers. Participants will not have to install any software. For the video conferences participants will simply receive a secure link to a video conference room (Big Blue Button) which you can open with any kind of browser. Similarly, for our online learning platform (Ilias) participants will receive a login link and password protected access.

Participants should use a computer (not only a smartphone) and need for the video conferences an internet connection with (at least) 0.5 Mbits/sec upstream bandwidth and (at least) 1 Mbits/sec download bandwidth.

Please check your bandwidth in advance by using this free service: www.speedtest.net

You will need to enter this data about the speed of your internet connection when you fill in the application form.

## PLEASE NOTE:

Participating in the one-hour introduction and passing the tech-check is obligatory. If you do not show up for the introduction or do not meet the technical requirements your participation in the online training will be cancelled while you will be charged with the full training fee.



## PARTICIPATION FEE FOR ONLINE TRAININGS

600,– Euro for organisations

400 - Euro for single persons

350,- Euro reduced fee for individuals (upon request)

The course fee covers the participation in the video conferences and access to the learning platform as well as optional post-training support for four months after the end of the training. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

### APPLICATION

Applications should reach us as soon as possible and the latest by 12 March 2024. We cannot accept late or incomplete applications.

Please use the application form on our website:

† https://kurvewustrow.civiservice.de/ practitioneronline

or contact us: opt@kurvewustrow.org

## POST-TRAINING SUPPORT

We consider post-training support as an essential part of the learning process in order to fully understand the contents of the training, to develop new skills and to adapt the methods presented in a training to the local context and specific needs of the participants.

Thus, for all our practitioner trainings we offer some follow-up support to participants by one or all trainers. Usually the support is from a distance and accordingly will be based on means of communication like email, messenger, video conference or the like. However, making use of the post-training support offered is optional for participants.

## **KURVE WUSTROW**

The Centre for Training and Networking in Nonviolent Action – KURVE Wustrow was founded in 1980 with the aim of turning concerns about violent conflict, environmental degradation and social injustice into conscious nonviolent action. This concern finds expression in the mission statement "spreading nonviolence".

KURVE Wustrow conducts trainings, workshops and events in the field of civil, nonviolent conflict transformation at home and abroad. We send International Peace Workers as part of the "Civil Peace Service" to selected crisis regions. For this purpose, we are closely cooperating with partner organisations in the Ukraine, Bosnia and Herzegovina, Serbia, Kosovo, Northern Macedonia, Palestine, Israel, Nepal, Myanmar, Sri Lanka and Sudan.

With our work in Germany we primarily empower activists in social movements and work together with them against nuclear power, racism and right-wing extremism.

Supported by



## KURVE Wustrow

Kirchstraße 14 | 29462 Wustrow/Wendland (Germany) Phone: +49 (0) 5 843 / 98 710 | info@kurvewustrow.org | www.kurvewustrow.org

## Account for donations:

IBAN: DE50 4306 0967 2041 6468







# PRACTITIONER TRAININGS

FOR NONVIOLENT CONFLICT TRANSFORMATION

**ONLINE** 

April —June 2024 5 trainings—5 different topics individually bookable

## Online

## Online

# Online

**DIGITAL SECURITY** 

## M Online

SION

**OBJECTIVES** 

## APPLYING DO NO HARM

## **OBJECTIVES**

Participants are able

- to apply the Do No Harm tool to a real project
- to assess the strengths and weaknesses of the Do No Harm approach in comparison with other tools they know
- to integrate Do No Harm into existing project management procedures

We want to do good, but might do harm instead. How can we avoid doing harm? The Do No Harm approach was developed by many practitioners engaged in development work and humanitarian assistance to give an answer to this question. Nowadays it is used by many organisations, also particularly in peace and human rights work.

In this training the Do No Harm tool will first be presented by the trainers using a case study. Then participants will be supported in applying the tool to their own projects. In a confidential setting (based on Chatham House rules) the critical details of the project design will be identified and options for a conflict sensitive and effective re-design will be developed.

## **Trainers:**

Wolfgang Heinrich lochen Neumann

#### Dates:

04.04. - 14:00-15:00 Introductory Session 08.+11.+15.+18.+22.+25.+29.04.2024 Training Sessions

## **DEFENDING HUMAN RIGHTS**

## **OBJECTIVES**

Participants are able

- to gain insights into the concept of human rights and an overview of selected international and regional human rights instruments
- to formulate their own perspective on the universality of human rights
- to identify potential strategies for defending human rights in their own context

Human rights matter for peace work in at least three different ways. The denial of human rights can be a cause for conflict. Violent conflict often goes along with gross human rights violations.

And human rights can serve as a vision for a just and peaceful society in a post-conflict setting. In this training we uncover the origin(s) of human rights, give an overview of the most important international and regional human rights standards and apply these to selected case studies of human rights violations. Furthermore we will discuss the universality of human rights from different perspectives. We will share examples how human rights are effectively claimed and defended and how human rights defenders can be protected. The training is relevant for all who want to gain a better understanding of the concept of human rights and who want to defend human rights or protect human rights defenders.

Gesa Bent Jochen Neumann

**Trainers:** 

#### Dates:

23.05. - 14:00 - 15:00 Introductory Session 27.–31.05.2024 Training Sessions

# PROJECT MANAGEMENT

## **OBJECTIVES**

Participants are able

- to assess the strengths and weaknesses of selected project management approaches and tools
- to select the relevant and appropriate tools for their project context
- to apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to Do No Harm and Reflecting on Peace Practice.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects. The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

## **OBJECTIVES**

**Trainers:** 

Dates:

Marianne Koch

Peter Steudtner

30.05. - 14:00 - 15:00 Introductory Session

03.-07.06.2024 Training Sessions

Participants are able

- to identify and respond to emerging risks to the sensitive information they manage in their work
- to maintain and improve the basic security of their digital devices and accounts
- in accordance with their necessities, understand and implement advanced tools to protect their data storage and communication

This training will create awareness and support capacity-building which is relevant to the digital security of the participants. Peace activists will be enabled to do the risk self-assessment related to their own information management. They will gain insights into personal and organisational strategies on digital security concerning computers, internet and mobile/smart phones. Participants will learn about secure behaviours and tools to use for maintenance of devices, safer storage and recovery of sensitive information, and more secure communication.

Participants are able

 to critically reflect upon their own involvement in processes of exclusion and inclusion at personal, interpersonal, and structural levels in a global context

ANTI-BIAS AND SOCIAL INCLU-

- to examine the role of prejudices, power inequalities and ideologies in peace work and to begin to develop strategies to counter their negative effects
- to explore the possibilities of allyship and coalition building as privileged or marginalised persons/ institutions
- to explain and build upon the anti-bias and social inclusion approach in their work context

Peace Work aims at establishing and nurturing inclusive societies that provide equal access to social, political, and economic resources to all - irrespective of their origin, age, gender, physical or mental condition, religion, sexual orientation, etc. The concepts of Anti-Bias and Social Inclusion aim at strengthening respect for diversity and creating awareness also for intersectional aspects of discrimination and social exclusion. Based on our own experiences we will reflect on how we are involved and affected by the social/global power relations. We will exchange and learn how to initiate processes of prejudice awareness that motivate and equip individuals, groups, and institutions to critically confront their discriminatory attitudes and actions, and thus develop sustainable empowering structures.

## **Trainers:**

Cvetka Bovha Prasad Reddy

## Dates:

06.06. - 14:00-15:00 Introductory Session 10.–14.06.2024 Training Sessions

## **Trainers:**

Daniel Ó Cluanaigh Paula Monteiro Danese Santiago Zuleta

## Dates:

07.05. - 14:00-15:00 Introductory Session 13.–17.05.2024 Training Sessions